

# HeartCode® PALS Instructor-Led Hands-On Skills Session; ECC Training Centers

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Original Release Date: 10/22/2025  
Last Review Date: September 2025  
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## Description

In the PALS hands-on skills session, learners will enhance their skills in the treatment of pediatric arrest and periarrest patients through active participation in a series of simulated pediatric emergencies. Learners will be able to practice important concepts of a systematic approach to pediatric assessment, basic life support, PALS treatment algorithms, and effective resuscitation team dynamics.

## Learning Objectives

At the conclusion, participants should be able to

1. Perform high-quality CPR per American Heart Association basic life support recommendations
2. Differentiate between patients who do and do not require immediate intervention
3. Perform your role as a high-performance team member
4. Differentiate between respiratory distress and failure
5. Perform early interventions for respiratory distress and failure
6. Differentiate between compensated and hypotensive (decompensated) shock
7. Perform early interventions for the treatment of shock
8. Differentiate between unstable and stable patients with arrhythmias
9. Demonstrate treatment of arrhythmias
10. Implement postarrest management

## Accreditation Terms

Joint Accreditation: N/A

CAPCE: 10/22/2025 – 10/21/2028

AARC: N/A

## Accreditation Statement

### Continuing Education Accreditation – Emergency Medical Services

This continuing education activity is approved by the American Heart Association, an organization accredited by the Commission on Accreditation of Pre-Hospital Continuing Education (CAPCE), for 3.75 Advanced CEHs, activity number 25-AMHA-F2-0042.

By claiming CAPCE credit, the claimant acknowledges the following: I understand that the American Heart Association as a requirement of CAPCE accreditation will submit a record of my course completions to the CAPCE AMS. I further understand that my course completion records may be accessed by or shared with such regulators as state EMS offices, training officers, and NREMT on a password-protected, need-to-know basis. In

addition, I understand that I may review my record of CAPCE-accredited course completions by contacting CAPCE.

### **Participation and Successful Completion**

Successful completion of this CE activity includes the following:

1. Complete attendance and pass all skills tests
2. Receive the certificate/statement of credit

### **Disclosure Statement**

All persons in a position to control educational content of a CE activity provided by the American Heart Association must disclose to the audience all financial relationships with ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients. The presence or absence of all financial relationships will be disclosed to the audience in activity materials. All unlabeled/unapproved uses of drugs or devices discussed will also be disclosed to the audience. All relevant financial relationships have been mitigated prior to the commencement of the activity.

The following authors/faculty have declared NO financial interest(s) and/or affiliations:

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This list represents the relationships that may be perceived as actual or reasonable conflicts of interest as reported on the Disclosure Questionnaire, which all AHA volunteers are required to complete and submit. The focus is on relevant financial relationships with commercial interests in the 24-month period preceding the time that the individual is being asked to assume a role controlling content:

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### **Target Audiences**

1. EMS

### **Accessibility Statement**

The American Heart Association does not provide advice to Training Centers on ADA requirements or any other laws, rules, or regulations. Training Centers must determine accommodations necessary to comply with applicable laws. AHA recommends consultation with legal counsel.

Core curriculum change requests for accessibility purposes must be scientifically based and approved in advance in writing by the AHA ECC Science & Product Development department; otherwise a student must be able to successfully perform all course requirements (skills and written tests as indicated) to receive a course completion card. Reasonable accommodations may be made, such as placing the manikin on a table at the height necessary for individuals in a wheelchair. However, the skills must be satisfactorily completed during the testing sessions. Guidelines for accommodating students with special needs or disabilities may be found in the Program Administration Manual.